

## Packing Checklist for Five Day Field Course

### LIST A – CAMPING GEAR

Pack these items in your duffel bag or suitcase.

- **LABEL** every item clearly with your name.
- Bring **List A** camping gear to the EBS loading dock the day before the field trip departs.
- Do not tie or bungee your gear together.
- Do not pack breakables.
- Be prepared for **cold/wet & hot/dry!!!**

✓	Camping Equipment
	<b>Sleeping bag -</b> A mummy style bag with rating of <30°F
	<b>Sleeping Pad -</b> Foam or inflatable
	<b>A sturdy tent -</b> <ul style="list-style-type: none"> <li>● 3 person maximum</li> <li>● With a ground tarp or “footprint”</li> <li>● Rainfly</li> <li>● Tent stakes - bring extra for rainfly and tarp; 9-inch nails preferred</li> </ul>
	<b>Headlamp or Flashlight -</b> Bring extra batteries
	<b>Fleece or non-cotton personal blanket -</b> Extra warm layer in sleeping bag or van
	<b>Duffel or Large Bag -</b> Do Not pack gear in Trash Bags!
✓	Clothing and Personal Items for Camp
	<b>Bring Layers-</b> <ul style="list-style-type: none"> <li>● Sun shirts with long sleeves</li> <li>● Warm Ski Jacket/Parka - (as if you were spending the day in freezing snow)</li> <li>● Rain Gear (poncho)</li> <li>● Warm Socks</li> <li>● Warm shoes for camp (i.e. Uggs)</li> </ul>
	<b>Gloves</b> (wool or ski style gloves)
	<b>Warm hat</b> or beanie
	<b>Swim/Shower Supplies -</b> Swimsuit, compact towel, sandals
	<b>Personal toiletries -</b> Soap, shampoo, deodorant, etc
	<b>Earplugs</b> for Sleeping (optional)

### LIST B – DAY STUFF

Pack LIST B items in your backpack. Bring these items with you on the morning of departure.

✓	Academic Supplies (Available as a kit at the Bookstore)
	<b>3-ring binder</b> - for notes (1.5" thick)
	<b>Lots of 3-hole punched paper --</b> <i>White, lined, hole reinforced suggested</i>
	<b>Pens</b> - black or blue (no erasable pens)
	<b>Colored pencils</b> - w/ pencil sharpener
	<b>Straight edge</b> or ruler
	<b>White-out</b> (liquid)
	<b>Clipboard</b> (not plastic)
	<b>Geologic Loupe</b> (hand lens)
✓	Day Clothing
	<b>Sun hat</b> with Brim and <b>Sunglasses</b>
	<b>Closed-toed shoes -</b> Sturdy tennis shoes or light-weight hiking boots
	<b>Jacket</b> or sweatshirt
✓	Other items (Select items available at Bookstore)
	<b>Large lunch</b> (1 <sup>st</sup> day only) with lunchbag
	<b>Water bottles</b> , 2 Liters minimum
	<b>Reusable mug</b> for morning coffee - No glass or ceramic
	<b>Compact or “Tube” collapsible chair</b>
	<b>USB and Wall Charger</b> - for electronics power bank (optional)
	<b>Personal Care Items:</b> Sunscreen, Hand sanitizer, Hand lotion, Chapstick, First Aid Kit with Band-aids (travel size), Kleenex/toilet paper
	<b>Moist towelettes</b> (optional)
	<b>Insect repellent</b> (optional)
	<b>Personal Medical Information-</b> Name of private medical insurance, policy number, deductibles, and instruction on how to file a claim
	<b>Individual headphones -</b> For camp use only (optional)